

Curriculum Vitae



Fatemeh Estebdari

Assistant Professor. Ph.D.MS.B

Contact Information

Department of Operating Room & Anesthesia, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Valiasr St, Tehran, Iran.

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Education

1. 2014 Ph.D. Health Education & Promotion. Iran University of Medical Science. Tehran-Iran.

Title of Thesis: Health Promotion and Social Support for Prevention of Elder Abuse (An Explanatory model)

2. 2005 M.Sc. Health Education, Tehran University of Medical Science. Tehran-Iran.

Title of Thesis: Comparison of Lifestyle in Type II Diabetic Patients with none diabetic persons.

3. 2001 B.Sc. Nursing, Babol University of Medical Sciences. Tehran-Iran.

Scholarly Activities/Expertise

2015- Current Assistant professor, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran

2012-2015 Islamic Azad University, Science and Research Branch

2010-2012 Gilan University of Medical Sciences, School of Health

207-2010 Babol University of Medical Sciences, Ramsar Fatemeh Zahra School of Nursing and Midwifery, Babol University of Medical Sciences

2003-2007 Khatamalanbiah Hospital. Hemodialysis Ward

2001-2003 Shohaday- Hafte Tir Hospital. Iran University of Medical Sciences

Supervisor of the dissertation

- ♥ The supervisor of the dissertation in the doctoral degree in nursing with the title "Designing a program based on social support in type 2 diabetic patients"
- ♥ The supervisor of the dissertation in the doctoral degree in nursing with the title "Design and implementation of the care package for family caregivers of patients with multiple sclerosis" Designing and Implementation of a Care Plan for Family Caregivers of Multiple Sclerosis Patients. 2018. Shahid Beheshti University of Medical Sciences. (Ph.D. Thesis. Supervisor)
- ♥ Assessing Tehran City's about Age Friendly City from elders view in 2017. Shahid Beheshti University of Medical Sciences (Thesis. Supervisor)
- ♥ Assessing the Effects of Healthy Life Style Education on Cardiovascular Diseases Risk Factors in Patients who Have Undergone Coronary Angioplasty, in Cardiology Clinic of the Selected Hospital of Tehran, 2017. Shahid Beheshti University of Medical Sciences. (Thesis. Supervisor).
- ♥ The Effect of Educational on Health Literacy and Quality of Life in Cancer Patients Referred to Selected Hospitals of Shahid Beheshti University of Medical Sciences in 2018. Shahid Beheshti University of Medical Sciences. (Thesis. Supervisor).
- ♥ Predictors of Health Promoting lifestyle and Health Related Quality of Life (HRQoL) of pregnant women, attending the Behabad Community Health Center affiliated to Shahid Sadoughi University of Medical Sciences in Yazd, based on Pender's Health Promotion Model 2018. Shahid Beheshti University of Medical Sciences. (Thesis. Supervisor).
- ♥ The Compare of the Knowledge, Attitude and Practice of Medical and Non- medical Students of Shahid Beheshti University about HIV/AIDS. 2017. Shahid Beheshti University of Medical Sciences. (executive)
- ♥ Assessing the Effects of Healthy Life Style Education on Cardiovascular Diseases Risk Factors in Patients who have undergone Coronary Angioplasty, in Cardiology Clinic of

- the Selected Hospital of Tehran, 2017. Shahid Beheshti University of Medical Sciences. (Thesis. Executive)
- ♥ Assessing the professional competence of nursing students in the field of spiritual care and its relation with spiritual intelligence. 2016. Shahid Beheshti University of Medical Sciences. (executive)
 - ♥ The Impact of Empowerment on Nursing Health Promoting Lifestyle.2015. Shahid Beheshti University of Medical Sciences. (executive)
 - ♥ The Relationship between Health Literacy and Life Style in 60 Years Old People Referring to Mellat Park in Tehran.2015. Shahid Beheshti University of Medical Sciences.(executive)
 - ♥ Health Promotion and Social Support Behaviors for Preventing of Elder Abuse: An Explanatory Model Explained Model in Year 2013. Tehran University of Medical Sciences (executive)
 - ♥ The Relationship between Computer Games and Aggression in Secondary School Students in Rasht in 2013. Guilan University of Medical Sciences. (Thesis. Advisor).
 - ♥ The Effect of Educational Intervention based on Health Belief Model on Knowledge, Attitude and Practice of Women about Pap smear Test in 2011-2012. Guilan University of Medical Sciences. (Thesis. Advisor).
 - ♥ Investigations of Psychosocial Factors Related to Sexual, Psychological and Physical Sexual Domestic Violence against Married Women in Tehran in 2011. Tehran University of Medical Sciences(executive)
 - ♥ Identification of Effective Factors in Patient Participation in Medical-Care Processes in Health Centers Affiliated to Shahid Beheshti and Tehran University of Medical Sciences in 2011. Tehran University of Medical Sciences (executive)
 - ♥ Empowerment of Society Structure to Facing the Phenomenon of Death (Research Center Based on Social Participation, Tehran University of Medical Sciences in 2010. Tehran University of Medical Sciences (Qualitative Research). (executive)
 - ♥ Assessing Caregiving Burden and Social Support in Parents of Children with Cancer.2016. Shahid Beheshti University of Medical Sciences (Co-Worker)
 - ♥ Correlation between Social Support, Self-Efficacy and Health Promotion Behaviors in Hemodialysis Patients in Karaj Hospitals in 2012. Shahid Beheshti University of Medical Sciences (Thesis, Advisor)

- ♥ The Effect of Time-Use Training on the Stress of Mothers with Mentally Retarded Children in Tehran. 2015. Shahid Beheshti University of Medical Sciences (Thesis, Advisor)
- ♥ The Effect of an Educational Intervention Regarding the Warning Signs of Cancer in Knowledge and Perceived Beliefs of Women in the Health Centers Related to the Bushehr University of Medical Sciences by Applying the Health Belief Model, 2015-2016. Shahid Beheshti University of Medical Sciences (Thesis, Advisor/Co-Worker)
- ♥ The Effect of Self-Care Education on Health Promotion Behaviors in Patients with Asthma Referring to Educational Hospitals in Mashhad, 2015. Shahid Beheshti University of Medical Sciences (Thesis, Advisor/Co-Worker)
- ♥ The Effectiveness of Health Education Based on BASNEF Model on Dietary Adherence Behavior of Hemodialysis Clients in Educational Hospitals of Alborz University of Medical Sciences 2015-2016. Shahid Beheshti University of Medical Sciences (Thesis, Advisor/Co-Worker)
- ♥ Assessment of Correlation Between Health Promoting Behaviors and Independent Living in Elderly Referred to Retirement Center in Tehran in 2015. Shahid Beheshti University of Medical Sciences (Thesis, Advisor/Co-Worker)
- ♥ Investigations of the Prevalence of Computer Games and Their Complications in Middle School Students in Sanandaj City in 2012. Sanandaj Beheshti University of Medical Sciences (Co-Worker)
- ♥ Comparison of Patient Safety Culture among Educational Hospitals of Tehran and Shahid Beheshti University of Medical Sciences in 2011. Tehran University of Medical Sciences (Co-Worker)
- ♥ Organization of Health Promotion Hospitals in Research, Development and Policies Department of Shahid Beheshti University of Medical Sciences in 2011. Shahid Beheshti University of Medical Sciences (Co-Worker)
- ♥ Determine the Gap between Quality of Medical Diagnostic Services in the Shoha-y-Tajrish based on SERVQUAL Model in 2011. Shahid Beheshti University of Medical Sciences.(Co-Worker)
- ♥ Investigating the Factors Affecting the Reporting of Nurses' Medication Errors in Medical Education Center of Shahada-y- Tajrish in 2011. Shahid Beheshti University of Medical Sciences. (Co-Worker)
- ♥ Human Resource Management in Educational and Research Center of Masih Daneshvari in 2009. Shahid Beheshti University of Medical Sciences. (Co-Worker)

- ♥ Investigation of Knowledge and Attitude of Infectious Specialists in the Administration of Herbal Medicines in the Treatment of Acute Respiratory Infections in 2007. Shahid Beheshti University of Medical Sciences. (Co-Worker).

Publications (Books)

1. The author of the self-care book in Corona Disease (covid 19), Shahid Beheshti University of Medical Sciences Publications, April 1401
2. Elder Abuse: Concepts and Index. August 2016
3. Designing the structure and finding the human resources in the hospital. 2010
4. HIV / AIDS in the Middle East and North Africa. 2007

Publications (Papers)

1. Fatemeh Estebarsari, Abdollah Farhadi Nasab, Mohadaseh Barati, Sara Stiri, Marjan Moradi Fath, Davoud Mostafaie, Zahra Rahimi Khalifeh Kandi. The Relationship between Daily Spiritual Experiences and the Dimensions of Spiritual Care Competence in Nursing Students.(2023). Iranian Journal of Nursing and Midwifery Research. (**Q2, Pub Med; ISI; Scopus**).
2. **Estebarsari, F.**, Kandi, Z. R. K., Latifi, M., Nasab, A. F., Vasli, P., & Mostafaie, D. (2023). Protection motivation theory and prevention of breast cancer: a systematic review. *Clinical Breast Cancer*(**Q1, IF: 3.5**).
3. Bakrani, Z., **Estebarsari, F.**, Hosseini, M., Nasiri, M., & Latifi, M. (2023). The development and psychometric evaluation of nurses' knowledge, attitude and practice regarding elder abuse. *Working with Older People*(**Q3, Scopus**).
4. **Estebarsari, F.**, Filabadi, Z. R., Matbouei, M., & Nasiri, M. (2023). Application of a risk management program based on the health belief model for preventing home accidents. *Iranian Journal of Nursing and Midwifery Research*, 28(1), 78-84. (**Q2, Pub Med; ISI; Scopus**).
5. Valipour S, **Estebarsari F**, Nasiri M, Vasli P. Predictors of readiness for discharge in mothers of preterm infants: The role of stress, self-efficacy and perceived social support. *Asian Pac J Reprod* **2022**; 11(6): 269-275. (**Q1,Scopus**).
6. Dehnavi M, Estebarsari F, RahimiKhalifehKandi Z, Arezoo Sheikh Milani, Mahshid Hemmati, Abdollah Farhadi Nasab, Davoud Mostafaie.The correlation between emotional intelligence and clinical competence in nurses working in special care units: A cross-sectional study. *Nurse Education Today*. **2022**/9/1(**Q1, Pub Med; ISI; Scopus/IF: 3.90**).
7. RahimiKhalifehKandi Z, **Estebarsari F**, Jalilibahabadi F, SheikhMilani A, Estebarsari K, Mostafaei D. Predictors of Health-Related Quality of Life of Pregnant Women Based on Pender's Model Constructs. *Health Educ Health Promot* **2022**; 10 (2) :277-283.URL : <http://hehp.modares.ac.ir/article-5-52867-en.html>. (**Scopus**).
8. Shahsavari A, **Estebarsari F**, Atashzadeh-Shoorideh F, Ilkhani M. Effect of peer support on health literacy in diabetic patients with limited access to support resources in iran: a randomized clinical trial. *J Educ Community Health*. **2022**; 9(1):32-38. doi:10.34172/jech.2022.6. (**Scopus**).

9. Sadeghi B, *Estebarsari F*, Ebadi A, Rasouli M, Sadeghi E. The Social Support Needs of Family Caregivers of Patients with Multiple Sclerosis: A Qualitative Study (Persian). *Archives of Rehabilitation*. 2022; 23(1):68-87. <https://doi.org/10.32598/RJ.23.1.3330.1> (ISI)
10. Homayouni A, Vasli P, *Estebarsari F* and Nasiri M. Reducing care burden and improving adherence to health-promoting behaviors among family caregivers of patients with multiple sclerosis through a healthy lifestyle empowerment program, *BMC Nursing* (2022) 21:229. (Q2, Pub Med; ISI; Scopus/IF:3.18).
11. Ahmadi M, *Estebarsari F*, Poormansouri S, Jahani S, Sedighie L. Perceived professional competence in spiritual care and predictive role of spiritual intelligence in Iranian nursing students. *Nurse Educ Pract*. 2021 Nov; 57:103227. Doi: 10.1016/j.nepr.2021.103227. Epub 2021 Oct 5. (Q1, Pub Med; ISI; Scopus/IF:3.43).
12. MH Taghdisi, *F Estebarsari*, M Gholami, AF Hosseini, AS Milani, A training program of source-separated recycling for primary school students: Applying the health promoting schools' model. *Applied Environmental Education & Communication*. 2021. 21 (1), 102-117. (Q1, Pub Med; ISI; Scopus/IF: 2.5).
13. P Vasli, A Shahsavari, *F Estebarsari*, H AsadiParvar-Masouleh, The predictors of nursing students' clinical competency in pre-internship objective structured clinical examination: The roles of exam anxiety and academic success. *Nurse Education Today* 107, 105148. (Q1, Pub Med; ISI; Scopus/IF: 3.90).
14. A Shahsavari, *F Estebarsari*, F Atashzadeh-Shoorideh, M Ilkhani. Challenges in Access to Support Resources for Diabetic Patients: A Qualitative Study in Deprived Areas of Iran. *Chronic Illness*, 2021. 17423953211049438. (Q2, Pub Med; ISI; Scopus/IF: 1.63).
15. *F Estebarsari*, Z Rahimi Khalifeh Kandi, M Nasiri, M Moradi Fath, Is Tehran an Age-Friendly City? Infrastructures Criteria Speech. *Health Education and Health Promotion*. 2021; 9 (4) :403-410. (Scopus).
16. SA Koohpayeh, *F Estebarsari*, F Lashani, A Homayouni, M Nasiri. Relationship between health literacy and knowledge, attitude, and performance regarding cancer warning signs. *Iranian Journal of Nursing and Midwifery Research* . 2021 26 (5), 399. . (Pub Med; ISI).
17. F Lashani, C Rohani, *F Estebarsari*, M Nasiri Exploring the relationship between sexual function, sense of coherence, and well-being in a sample of Iranian breast cancer survivors. *Supportive Care in Cancer*. 2021. 29 (6), 3191-3199.
18. *F Estebarsari*, Z RahimiKhalifeh Kandi, K Estebarsari, D Mostafaei. Elderly friendly city concepts and indicators. *Iranian Journal of Health Education & Promotion*. 2021/5/20. (Scopus).

19. Maryam Dastoorpoor, Narges Khanjani, Asghar Moradgholi, Reihaneh Sarizadeh, Maria Cheraghi, ***Fatemeh Estebarsari***. Prenatal exposure to ambient air pollution and adverse pregnancy outcomes in Ahvaz, Iran: a generalized additive model. ***International Archives of Occupational and Environmental Health***.2020. (Q2, Pub Med; ISI; Scopus/IF: 2.85).

20. A Shahsavari, ***F Estebarsari***, F Atashzadeh-Shoorideh, M Ilkhani. The effect of peer support on quality of life among type 2 diabetic patients in deprived areas in Iran: A randomized clinical trial. ***J Educ Health Promot***. 2021; 10: 345.
doi: [10.4103/jehp.jehp_72_21](https://doi.org/10.4103/jehp.jehp_72_21). (Pub Med; ISI).

21. Shahsavari A, ***Estebarsari F***, Atashzadeh-Shoorideh F, Ilkhani M. Effectiveness of Support Resources for Patients with Type 2 Diabetes: A Systematic Review of Clinical Trials in Iran. ***Iranian Journal of Endocrinology and Metabolism***. Vol 22 No.4 Oct-Nov 2020. (Scopus).

22. ***Estebarsari F***, Kandi ZR, Bahabadi FJ, Filabadi ZR, Estebarsari K, Mostafaei D. Health-related quality of life and related factors among pregnant women. ***J Edu Health Promot*** 2020; 9:299. . (Pub Med; ISI).

23. ***Fatemeh Estebarsari***, Farideh Jalili-Bahabadi, Camelia Rohani, Zahra Rahimi Khalifeh Kandi, Davoud Mostafaei. Socio-economic determinants affecting the lifestyle of pregnant women, ***Iranian Journal of Health Education and Health Promotion***, 2020. (Scopus).

24. Fatemeh Lashani, Camelia Rohani, ***Fatemeh Estebarsari***, Malihe Nasiri, Exploring the relationship between sexual function, sense of coherence, and well-being in a sample of Iranian breast cancer survivors. ***Supportive Care in Cancer***, 2020. (Q1, Pub Med; ISI; Scopus/IF: 2.5).

25. ***Fatemeh Estebarsari****, Maryam Dastoorpoor, Zahra R Khalifehkandi, Azadeh Nouri, Davoud Mostafaei, Meimanat Hosseini, Roghayeh Esmaeili, Hamidreza Aghababaeian. The Concept of Successful Aging: A Review Article, ***Current aging science***.2020. (Pub Med; Scopus).

26. Reyhaneh Pourjam, Zahra Rahimi Khalifeh Kandi, ***Fatemeh Estebarsari****, Farank Karimi Yeganeh, Mehdi Safari, Mohadaseh Barati, Davoud Mostafaei. An Analytical Comparison of Knowledge, Attitudes, and Practices Regarding HIV/AIDS Among Medical and Non-Medical Students in Iran. ***HIV/AIDS. Research and Palliative Care***, 2020, (12).165. (Q1, Pub Med; Scopus; ISI).

27. Farideh Jalili Bahabadi, ***Fatemeh Estebarsari****, Camelia Rohani, Zahra Rahimi Khalifeh Kandi, Reyhaneh Sefidkar, Davoud Mostafaei, Predictors of health-promoting lifestyle in pregnant women based on Pender's health promotion model. ***International Journal of Women's Health*** (Q1, Pub Med; Scopus; ISI).

28. ***Estebarsari F****, RahimiKhalifeh Kandi Z., Estebarsari K., Mostafaei D. (Spring 2020). Concepts of Age Friendly City. ***Iranian Journal of Health Education & Health Promotion***. 8(1), 5-9.(ISC)
29. Hasan Zadeh M, Vasli P, ***Estebarsari F***, Nasiri M. The relationship of the perception of family-centered care, burden of care and self-efficacy in the mothers of children with chronic illness. ***Hayat***. 2020; 25 (4):429-443. (Scopus).
30. R Pourjam, ***F Estebarsari****, ZRK Kandi, K Estebarsari, D Mostafaei. An analytical study of the factors affecting the health promoting lifestyle; comparison of type II diabetic patients with healthy people. ***Journal of Renal Injury Prevention***.2019. 8 (4). (ISI&Scopus).
31. Khodabandehlooie, S. ***Estebarsari, F****, Rohani, C, Eidgahi, E.S. Effects of educational intervention on lifestyle among iranian patients after coronary angioplasty: A randomized controlled trial. ***Iranian Heart Journal***.2019.4 (20). (ISI&Scopus).
32. S Pashaie, F Estebarsari, M Matbouei, M Nasiri. Evaluation of the Effect of Patient Education on the Quality of Life Cancer Patients Undergoing Radiotherapy: A Review Article. ***Journal of Pharmaceutical Research International***.2019. 1-10. (ISI)
33. ***F Estebarsari***, F Bakhshi, Sh Nemati, E Kazemnejad Leili, H Ramezani, R Sadeghi. Determinants of Health Promoting Lifestyle Behaviors in Hospital Staff of Guilan University of Medical Sciences. ***Health Education and Health Promotion***. 2019.2(7).
34. I Sharifikia, C Rohani, ***F Estebarsari***, M Matbouei, F Salmani, Health Belief Model-based Intervention on Women's Knowledge and Perceived Beliefs about Warning Signs of Cancer. ***Asia-Pacific Journal of Oncology Nursing***. 2019. 6 (4), 431. (Q1, Pub Med; Scopus; ISI).
35. I Sharifikia, C Rohani, ***F Estebarsari***, M Matbouei, F Salmani. Awareness about warning signs for cancers in women referred to health centers affiliated with Bushehr University of Medical Sciences. ***Iranian Journal of Cancer Nursing (ijcn)***. 2019. 1 (1), 30-39.
36. ***F Estebarsari***, F Bakhshi, S Nemati, E Kazemnejad Leili, H Ramezani, Determinants of Health Promoting Lifestyle Behaviors in Hospital Staff of Guilan University of Medical Sciences. ***Health. Education and Health Promotion***.2019. 7 (2), 1-6.
37. G Bahiraei, C Rohani, ***F Estebarsari***, M Nasiri. Health-related quality of life and sense of coherence changes in a sample of women with breast Cancer during Radiotherapy. ***Journal of Advanced Pharmacy Education & Research***. 2019. Apr-Jun 9 (S2), 77. (Scopus).
38. Davoud Mostafaei, Aidin Aryankhesal, Maryam Dastoorpoor, Zahra Rahimikhalifekandi, ***Fatemeh Estebarsari***. Patient Safety Culture Assessment of Clinical and Paraclinical Staff Perspective in Selected University of Medical Sciences Hospitals in Tehran. ***Iranian Journal of Health Education and Health Promotion***.2018, 3(6).(ISC)

39. Leila Akbarzadeh, Roghayeh Esmaeili, Ali Darvishpoor Kakhki, Malihe Nassiri, ***Fatemeh Estebarsari***. The Survey of Independency Status Living in Elderly Referring to Tehran Civil Servants Pension Organization in 2015. ***Advances in Nursing & Midwifery***.2018, 2(28).
40. ***Fatemeh Estebarsari***. Maryam Dastoorpoor, Davoud Mostafaei, Narges Khanjani, Zahra Rahimi Khalifehkandi, Abbas Rahimi Foroushani, Hamidreza Aghababaeian, Mohammad Hossein Taghdisi. Design and implementation of an empowerment model to prevent elder abuse: a randomized controlled trial . ***Clinical Interventions in Aging*** .2018.4. (IF: 2.56, *Pub Med*; *Scopus*).
41. Shokofe Darkhor1, ***Fatemeh Estebarsari***2*, Meimanat Hosseini, Jamshid Yazdani Charati, Parvaneh Vasli. Effect of health promotion intervention on Nurses' healthy lifestyle and health-promoting behaviors: RCT study. ***Journal of Advanced Pharmacy Education & Research*** 2018. (*Scopus*).
42. Khodabandehlooie. Sara, ***Estebarsari. Fatameh*** *, Rohani. Camelia, Shaarbaf Eidgahi. Elham, Mehvar. Mohsen, Kazemi Saleh. Davood. Relationship between Lifestyle and Coronary Risk Factors and the Number of Coronary Stents in Patients after Angioplasty in Tehran. . ***Pharmacophore.(ISI)*** .2017.12.
43. Afsaneh Geravand, Zahra Rahimikhalifehkandi, Mohammad Hossein Taghdisi, Kamal Azam , Shaghayegh Kamian, Fatemeh Estebarsari.Promoting Spiritual Health in Breast Cancer Patients based on Integrated Behavioral Model. ***Pharmacophore.(ISI)*** .2017.12.
44. Mahmoud Kiajamali1, Meimanat Hosseini2, ***Fatemeh Estebarsari***3, Maliheh Nasiri4, Tahereh Ashktorab5, Amirhossein Abdi6, Aazam Mahmoudi6, Atefe Salimi Akin Abadi7. Correlation between social support, self-efficacy and health-promoting behavior in hemodialysis patients Hospitalized in Karaj in 2015, *Electronic Physician*, July 2017, Volume: 9, Issue: 7.(***Pub Med***)
45. ***Fatemeh Estebarsari***, Mohammad Hossein Taghdisi, Davood Mostafaei, Zahra Rahimi. Elements of healthy death: a thematic analysis. ***Med J Islam Repub Iran***. 2017. Volume: 9, Issue: 7. Pages 1-7. .(***Pub Med***).
46. Sharifikia I, Rohani C, ***Estebarsari F***, Salmani F, Matbouei M, Hossein-nejad A et al . Awareness about warning signs for cancers in women referred to health centers affiliated with Bushehr University of medical sciences. ***Iranian Journal of Cancer Care (IJCA)***. 2016; 1 (1) :30-39
47. Shokofe Darkhor, ***Fatemeh Estebarsari***, Jamshid Yazdani Charati. The Impact of E-Learning on Aspects of Health Promoting Lifestyle Nurses. ***Bmjopen-2016-015415.140***. https://bmjopen.bmj.com/content/7/Suppl_1/bmjopen-2016-015415.140.
48. Marziyeh Zardosht, Maryam Dastoorpoor, Farzaneh Bani Hashemi, F Estebarsari, Ensiyeh Jamshidi, Abbas Abbasi-Ghahramanloo, Payam Khazaeli. Prevalence and Causes of Self Medication among Medical Students of Kerman University of Medical Sciences, Kerman, Iran. ***Global Journal of Health Science*** 150(8), 2016. .(***Pub Med***).

49. Ome Kolsoum Tomaj, **Fatemeh Estebarsari**, Taraneh Taghavi, Leili Borim Nejad, Maryam Dastoorpoor, and Afsaneh Ghasemi. The Effects of Group Play Therapy on Self-Concept Among 7 to 11 Year-Old Children Suffering From Thalassemia Major. ***Iran Red Crescent Med J.*** 2016 April; 18(4):e35412. (***Pub Med; Scopus; ISI; IF: 0.8***).
50. HamidReza Mirzaee, Davood Mostafaie, **F Estebarsari**, Peivand Bastani, Rouhallah Kalhor, SeyyedSaeed Tabatabaee. Medication Errors in Hospitals: A Study of Factors Affecting Nursing Reporting in a Selected Center Affiliated with Shahid Beheshti University of Medical Sciences, ***Journal of Pharmaceutical Care.***2 (96-102),2015. ***ISC***
51. Bahram Sangelaji, **F Estebarsari**, Seyed Massood Nabavi, Ensiyeh Jamshidi, Damineh Morsali, Maryam Dastoorpoor. The effect of exercise therapy on cognitive functions in multiple sclerosis patients: A pilot study. ***Medical journal of the Islamic Republic of Iran.***29 (205) ,2015. .(***Pub Med***)
52. **F Estebarsari**, MH Taghdisi, AR Foroushani, HE Ardebili, D Shojaeizadeh. An Educational Program Based on the Successful Aging Approach on Health-Promoting Behaviors in the Elderly: A Clinical Trial Study.***Iranian Red Crescent Medical Journal*** 16 (4), 2014. (***Pub Med; Scopus; ISI; IF: 0.8***).
53. AGhasemi; **F Estebarsari**; A Bastaminia; E Jamshidi; M Dastoorpoor. Effects of Educational Intervention on Health-Promoting Lifestyle and Health-Related Life quality of Methamphetamine Users and Their Families: a Randomized Clinical Trial. ***Iran Red Crescent Med J.*** 2014 November; 16(11): e20024. (***Pub Med; Scopus; ISI; IF: 0.8***).
54. J Abdi, H Eftekhari, **F Estebarsari**, R Sadeghi. Theory -Based Interventions in Physical Activity: A Systematic Review of Literature in Iran. ***Global Journal of Health Science***; Vol7, No. 3; 2014. (***Pub Med***).
55. AR Foroushani ,**F Estebarsari**, D Mostafaei, HE Ardebili, D Shojaeizadeh, M Dastoorpour, E Jamshidi, MH Taghdisi. The Effect of Health Promoting Intervention on Healthy Lifestyle and Social Support in Elders: A Clinical Trial Study, ***Iranian Red Crescent Medical Journal*** 16 (8), 2014.
56. MH Taghdisi, **F Estebarsari**, M Dastoorpour, E Jamshidi, F Jamalzadeh, M Latifi. The Impact of Educational Intervention Based on Empowerment Model in Preventing Violence Against Women. ***Iran Red Crescent Med J.*** 2014 July; 16(7): e14432. ***Pub Med; Scopus; ISI; IF: 0.8***).
57. B Sangelaji, SM Nabavi, **F Estebarsari**, MR Banshi, H Rashidian . Effect of Combination Exercise Therapy on Walking Distance, Postural Balance, Fatigue and Quality of Life in Multiple Sclerosis Patients: A Clinical Trial Study. ***Iranian Red Crescent Medical Journal*** 16 (6), 2014.
58. D Mostafaei; AB Marnani; HM Esfahani; **F Estebarsari**; S Shahzaidi; E Jamshidi; S S Aghamiri. Medication Errors of Nurses and Factors in Refusal to Report Medication Errors among Nurses in a Teaching Medical Center of Iran in 2012, ***Iran Red Crescent Med J.*** 2014 October; 16(10): e16600. DOI: 10.5812/ircmj.16600. ***Pub Med; Scopus; ISI; IF: 0.8***).

59. Taghdisi M H, **Estebarsari F**, Rahimi Foroushani A, Eftekhar Ardebili H, Shojaeizadeh D, Dastoorpoor M et al . The educational program based on the successful aging approach in elders health-promoting behaviors: A clinical trial study. *RJMS*. 2014; 21 (125) :26-36
URL: <http://rjms.iums.ac.ir/article-1-3420-en.html>.(Pub Med).
60. **F Estebarsari**, MH Taghdisi, D Mostafaei, E Jamshidi, M Latifi. Determining the Factors Contributing to Quality of Life of Patients at the Last Stage of Life: A Qualitative Study. *Iranian Red Crescent medical journal* 15 (12), **2013**. *Pub Med; Scopus; ISI; IF: 0.8*.
61. **F Estebarsari**, MH Taghdisi, D Mostafaei, E Jamshidi. Determining the Factors Contributing to Quality of Life of Patients at the End-Stage of Life: A Qualitative Study. *World Applied Sciences Journal* 28 (12), 2097-2102.**2013**.
62. **F Estebarsari**, D Shojaeizadeh, D Mostafaei, M Farahbakhsh. Planning and evaluation of an educational program based on precede model to improve physical activity in female students. *Hayat* 16 (1), 48-54, **2010**.(Scopus).

Oral Presentations

- ♥ Safe surgery and patient safety in the operating room, Congress of Surgeons, Tehran, 1402
- ♥ Plan to die for patients at the end of life, 13th International Breast Cancer Congress. Shahid Beheshti University of Medical Sciences. 2018 January. Tehran. Iran.
- ♥ Indexes of Age Friendly City. International Congress on Ethics and Technology. Iranian Society of Ethics in Science and Technology. 2017 December. Tehran. Iran.
- ♥ A New Concept of Lifestyle, at the 10th International Congress on Endocrine Disorders. 2016 October. Tehran. Iran.
- ♥ Impact of peer-based health promotion interventions on students' participation in the recycling process.7th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ Healthy Death Components from Iranian from Persians Perspectives. Qualitative Research. National Congress on Qualitative Research. 2015. Yasouj. Iran.
- ♥ Why do end-of-life patients prefer to die at home? The 4th Annual Iranian Nursing Ethics Congress and the 4th Annual Congress of Nursing Ethics. 2015. Tehran. Iran.
- ♥ The role of facility management in improving the health of patients. Hospital Facility Management and Hospital Management Conference. 2013 July. Tehran. Iran.
- ♥ Challenges in the field of HIV / AIDS. HIV / AIDS Nursing, Development, Partnership and Innovation. National Congress. School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences.2008.Tehran. Iran.

- ♥ Reproductive Health Indicators. International Conference on Family Planning. Fertility and Infertility Research Center. Shahid Beheshti University of Medical Sciences. 2008. Tehran. Iran.
- ♥ Challenges in youth health, Youth Health Congress. Islamic Azad University. Arak.2005. Tehran. Iran.

Posters Presentations

- ♥ International Congress of Palliative and Supportive Care in the Elderly, March 1401 with the title of Designing Ebzaz Danesh of Nurses in Zineh Almand Azari
- ♥ International Congress of Palliative and Supportive Care in the Elderly, March 1401 under the title of the effect of group exercise intervention on the feeling of loneliness of the elderly
- ♥ The 10th international women's seminar, Shiraz, December 1401 with the title Investigating factors related to quality of life in pregnant
The Development and Psychometric Evaluation of Nurses' Knowledge, Attitude, and Practice Regarding Elder Abuse .The 1 international congress of palliative and supportive care in the elderly, Kashan, March 1401
- ♥ Risk Factors of Elder Abuse based on Demographic, Socio-economic and cultural challenges. The 1 international congress of palliative and supportive care in the elderly, Kashan, March 1401.
- ♥ Investigating factors related to quality of life in pregnant. **11th International Conference on Women's Health (ICWH 2022)** to be held [online](#) on Nov 30th & Dec 1, 2022.
- ♥ Effect of Health Promotion Intervention on Nurses Healthy Lifestyle: RCT study. 8th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. September 2017. Isfahan. Iran.
- ♥ Concepts and Predictors of Successful Aging. 8th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. September 2017. Isfahan. Iran.
- ♥ Determinants of Quality of life for Cancer Patients at the end of life, the 12th International Congress on Breast Cancer. Shahid Beheshti University of Medical Sciences. February 2017. Tehran. Iran.
- ♥ Iran's Perspectives about Good Death Criteria. 12th International Congress on Breast Cancer. Shahid Beheshti University of Medical Sciences. 2017. Tehran. Iran.
- ♥ Factors Affecting the Elderly Life Style: Review Article.7th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ Evaluation of educational technology and health promotion and inducted demand in cardiovascular patients with hypertension. 7th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ Health promoting behaviors and healthy lifestyle in nurses. 7th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.

- ♥ Impact of waste recycling Education from the source to students with an emphasis on parental involvement. 7th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ Explanation of the concept of preparedness for death, planned death strategy for cancer patients at the end of life based on qualitative research. The 4th Annual Iranian Nursing Ethics Congress and the 4th Annual Congress of Nursing Ethics. 2015. Tehran. Iran.
- ♥ Development and testing of a model for health promotion hospitals. 7th International Hospital Management Conference. 2016. Tehran. Iran.
- ♥ The effect of health promotion strategies to encourage elder people to adopt healthy Lifestyle. First International Congress and 4th National Congress on Aging Issues in Iran and the World. University of Rehabilitation Sciences and Social Welfare. 2016. Tehran. Iran.
- ♥ Effect of Health Intervention to Reduce the Risk of Elder Abuse: Design and Evaluation Model for Prevention of Elder Abuse. First International Congress and 4th National Congress on Aging Issues in Iran and the World. University of Rehabilitation Sciences and Social Welfare. 2016. Tehran. Iran.
- ♥ Factors Affecting Quality of Life in End-Life: A Qualitative Study, Qualitative Research. National Congress on Qualitative Research. 2015. Yasouj. Iran.
- ♥ Indicators of Empowerment in Women Supported by Imam Khomeini Relief Committee of Gorgan to deal with Violence. 2th International & 4th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ Determining the Factors Contributing to Quality of Life of Patient at Last Stage of Life: A Qualitative Study .2th International & 4th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ The Educational Program Based on the Successful Aging Approach in Elder Health-Promoting Behaviors: A Clinical Trial Study. 2th International & 4th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ Toward Healthy Aging. 1th International on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2011. Tabriz. Iran.
- ♥ Health Advocacy .1th International on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2011. Tabriz. Iran
- ♥ The Effect of Educational Intervention on Knowledge, Attitude and Practice of Girl Students on Oral Health. Conference on Children, Dentist and Oral Health. Gilan University of Medical Sciences. April 2009. Gilan. Iran.
- ♥ Comparative study of lifestyle in type II diabetic patients with healthy individuals of Shahid Rajaei Hospital in Tonekabon. Health promotion conference. Sanandaj University of Medical Sciences. May 2009. Sanandaj, Iran.
- ♥ The Effect of Educational Intervention on Knowledge-Attitude and Practice of Students on Physical Activity. Nutrition and Physical Activity in Metabolic Diseases and Obesity. Qazvin University of Medical Sciences, 2008. Qazvin. Iran.
- ♥ Public Commitment about Health. National Conference on Equality In the health system. Isfahan University of Medical Sciences. 2008. Isfahan. Iran.

- ♥ Investigating the organization of public health financing processes in eight countries. National Conference on Equality In the health system. Isfahan University of Medical Sciences. 2008. Isfahan. Iran.
- ♥ Sports and aging, International Congress on Elderly and Medical Education, March 2009. Esfahan. Iran.
 - ♥ Important nutritional recommendations for the elderly, International Congress on Elderly and Medical Education, March 2009. Esfahan. Iran.
 - ♥ Study of women at high risk for breast cancer. Public Health Conference. Tehran University of Medical Sciences. April 2004. Tehran. Iran
 - ♥ Investigating models and methods of estimating the required human resources in hospitals. Public Health Conference. Tehran University of Medical Sciences. April 2004. Tehran. Iran.

Professional Employment (Set up & Teaching Workshop)

- ♥ Teaching Courses .Department of Community Health Nursing, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences,
- ♥ Department of Community Health Nursing, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences,
- ♥ Set up & Teaching Workshop with Titles” Familiarity with Search Engines and Databases, How to Search in Databases” (Scopus, Pub Med, Web of Science, SID...). School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, 2015- Current.
- ♥ Set up & Teaching Workshop with Titles “Educational Strategies and Teaching Methods”. 2017.
- ♥ Set up & Teaching Workshop with Titles” Scientific Writing”. School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences,
- ♥ Set up & Teaching Workshop with Titles” How to write Proposals”. School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, 2015- Current.
- ♥ Set up & Teaching Workshop with Titles” Research Method”. School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, 2015- Current.
- ♥ Set up & Teaching Workshop with Titles” End Note “. School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, 2015- Current.
- ♥ Set up & Teaching Workshop with Titles” Communication for Health” “. School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, 2015- Current.
- ♥ Set up & Teaching Workshop with Titles” Group Dynamic“. School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, 2015- Current.

License/Certification

Online courses (and webinar) WHO and Stanford university

1. **WHO Online course: Ethics and Governance of Artificial Intelligence for Health. June 29, 2022**

2. **WHO Online course: Pandemic Influenza Vaccines: National Deployment and Vaccination Plans, June 14, 2022**
3. **WHO Online course: Surgical Site Infections, June 29, 2022**
4. **WHO Online course: MERS: Methods for Detection, Prevention, Respons and Control, June 13, 2022**
5. **WHO Online course: Monkeypox: Epidemiology, Preparedness , and Respons for African Outbreak Contexts, June 7, 2022**
6. **WHO Online course: Incident Management System (Tier 2) Working in WHO's Incident Management System, June 11, 2022**
7. **Stanford Online course: Covid 19 Training for Healthcare Workers. Marc 9 2022**
8. **Electronic Course of Assessment and Evaluation Fellowship in Medical Sciences, Virtual University of Medical Sciences, 10.22.1400.**
9. **Virtual training course "Preliminaries of electronic learning" on 20/7/99 until 30/7/99 in the system of " Electronic Learning Management" of Shahid Beheshti University of Medical Sciences and receiving the course certificate.**
10. **Webinar "Systematic review studies" on October 22, 1400, Faculty of Nursing, Baqiyatullah University of Medical Sciences (AJ).**
11. **Webinar "Meta-analysis studies" on November 13, 1400, Faculty of Nursing, Baqiyatullah University of Medical Sciences**

Certification for How to Publish a Scientific journal. Springer and Edanz. November 2011.

Certification for Scientific Writing (Level 1, 2 and 3).

Certification for End Note

Certification for MAXQDA

Certification for AMOS

Certification for Lisrel

Certification for R

Certification for Meta-Analysis

Certification for SPSS

Certification for ICDL(1 and 2)

Certification for Qualitative research: primary and advanced level

Certification for Systematic Review.

Certification for Evaluation of health education and health promotion programs.

Certification for Educational Strategies and Teaching Methods

Certification for Message Design

Certification for Health Economic

Certification for Designing an Educational Information Campaign

Certification for Familiarity with communication skills

Certification for Principles of using Advocacy in health programs

Certification for Blue Print

Certification for New Technologies in Health Education and Health Promotion.

Certification for Setting up a message in health education and health promotion.

Certification for Critical from Media in health education and health promotion.

Toolkit for health education and health promotion

Professional Membership

- ♥ Member of the International Association for Health Education and Health Promotion. 2014- Current.
- ♥ Member of the Association for Health Education and Health Promotion. 2013- Current.
- ♥
- ♥ Member of the Scientific Committee, the 6th National Congress on Self-care and Patient Education. Tehran University of Medical Sciences. 2018. Tehran. Iran.
- ♥ Member of the Scientific Committee, the 3rd Festival Patient Education. Tehran University of Medical Sciences. 2018. Tehran. Iran.
- ♥ Supervisor of the Student Research Committee .School of Nursing and Midwifery. Shahid Beheshti University of Medical Sciences. 2015 –Current.
- ♥ Supervisor of Top Research Conference. School of Nursing and Midwifery. Shahid Beheshti University of Medical Sciences. December, 2016.
- ♥ Member of Supervisory Committee on University Press. Shahid Beheshti University of Medical Sciences. 2015- Current.
- ♥ Member of the Scientific Committee, the 5th National Congress on Self-care and Patient Education. Tehran University of Medical Sciences. 2017. Tehran. Iran.
- ♥ Member of the Scientific Committee, the 2nd Festival Patient Education. Tehran University of Medical Sciences. 2017. Tehran. Iran.
- ♥ Member of the Scientific Committee, 7th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.

- ♥ Member of the Scientific Committee, 6th International Hospital Management Conference and 5th International Exhibition of Advanced Hospital Technology and Equipment. August 2013. Tehran. Iran.
- ♥ Member of the Scientific Committee, the National Social factors affecting health . Tehran University of Medical Sciences. 2010. Tehran. Iran.

Affiliations

- ♥ School of Nursing and Midwifery, Department of Community Health Nursing, Shahid Beheshti University of Medical Sciences. Tehran. Iran.
- ♥ School of Public Health. Department of Health Education & Promotion &, Tehran University of Medical Sciences. Tehran. Iran.
- ♥ School of Public Health. Department of Health Education & Promotion &, Iran University of Medical Sciences. Tehran. Iran.

Editorial Boards/ Reviews

- Iranian Journal of Health Education and Health Promotion. Iranian Health Education & Promotion Association (Editorial Boards). 2015 –Current.
- Journal of Health Literacy. Iranian Health Education & Promotion Association (Editorial Boards) 2015 –Current.
- Advances in Nursing & Midwifery, Shahid Beheshti University of Medical Sciences (Reviews) 2015 –Current.
- Iranian Journal of Nursing and Midwifery Research. Isfahan University of Medical Sciences (Reviews) 2015 –Current.
- Iranian Journal of Rehabilitation Research in Nursing. Iranian Nursing Scientific Association (IJRN). (Reviews) 2015 –Current.
- Journal of Health and Development. Kerman University of Medical Sciences. (Reviews) 2014 –Current.
- Journal of Hayat, Journal of Faculty of Nursing & Midwifery, Tehran University of Medical Sciences (HAYAT). (Reviews) 2014 –Current.

Congress Reviews

- ♥ **11th International** Conference on Women’s Health (ICWH 2022) to be held **online** on Nov 30th & Dec 1, 2022. Shiraz. Iran
- ♥ The 1 international congress of palliative and supportive care in the elderly, Kashan, March 1401.Kashan. Iran.
 - ♥ Member of the nursing poster judging panel at the 9th International Conference and 23rd National Conference of the Student Achievement Committee, Ardabil, Mehr 1401 (30th of 2022, 27th Sep)
 - ♥ Member of the Scientific Committee in the 9th International Conference and 23rd National Conference of the Student Achievement Committee, Ardabil, Mehr 1401 (30th of 2022, 27th Sep)
- ♥ International Congress on Ethics and Technology. Iranian Society of Ethics in Science and Technology.2017. Tehran. Iran.
- ♥ The 5th National Congress on Self-care and the 2nd Festival Patient Education. Tehran University of Medical Sciences. 2017. Tehran. Iran.
- ♥ 7th National Congress on Health Education and Health Promotion. Iranian Health Education & Promotion Association. 2016. Tehran. Iran.
- ♥ Congress on Factors affecting health. Tehran University of Medical Sciences. 2010. Tehran. Iran.

Professional Services

- ♥ Working with Varamin Complex, Shahid Beheshti University of Medical Sciences. 2016.
- ♥ Working with the Department of Virtual Education School of Medical. ducation Sciences. Shahid Beheshti University of Medical Sciences. 2016 – Current.
- ♥ Working with Community Health Center of the. North Health Center. Shahid Beheshti University of Medical Sciences (Reviews) 2015 –Current.

University Committee Membership

- Member of Supervisory Committee on University Press. Shahid Beheshti University of Medical Sciences. 2015- Current

College Committee Membership

- Member of EDO and Member of the Empowerment Committee for the. School of Nursing and Midwifery, ShahidBeheshti University of Medical Sciences. 2015- Current.

Language Proficiency

- Persian (Good)
- English (Good)

Skills

- Computer skills (ICDL 1&2, Microsoft Offices, SPSS. End Note, scientific writing, AMOS, Lisrel, MAXQDA, R,